

BEING BUANA BUNNY....

Reward.

Buana will appreciate simple rewards that she can enjoy alone and without any public recognition. It will be important to reward children like Buana by understanding what they enjoy doing and what they have an interest in. Buana and children like her will not want to be rewarded or recognised publicly for any effort or achievement but they will expect a private acknowledgement for this. If it is overlooked, they may well hold it against you in the future.

Criticism.

Buana Bunny is very sensitive to criticism and although it is likely that she will be polite and even humble in her receipt of criticism, she may find it very difficult to process and accept. When you need to critique Buana or a child like her, it is very important that you provide context, a purpose and outcome for your conversation. Make sure children like Buana have an opportunity to ask questions and has space to voice any frustrations or disgruntlement they may have about the criticism. It can be useful to 'review' criticism with children like Buana after a few days.

Play.

Buana Bunny and children like her may find play fairly challenging. It is likely that Buana will struggle to understand the purpose of play and may become occupied with understanding the intentions and objectives of others rather than being able to enjoy any activities. For Buana, play can be quite distressing and she often struggles 'let go' of things that happy as part of games like being part of the losing team. Buana is much more comfortable with independent play and enjoys individual tasks and activities.

Communication.

When communicating with Buana Bunny or children like her, it is important that we don't see her quietness as agreement. Buana is unlikely to say if she is unhappy or doesn't agree with that is being said but will reflect and act upon it at a later date. Buana and children like her are likely to be very polite when they are communicating with you but what they say may not reflect their true thoughts and feelings. Although children like Buana will be quiet when you are speaking to them, this isn't indicative of them listening or understanding so it is important to check understanding and comprehension. It can be useful to give children like Buana a number of ways to express any concerns they might have including emails, or even a drop box for notes or thoughts/feelings.

Support.

Buana Bunny and children like her sometimes get confused by their own thoughts and feelings. Sometimes, the things they feel seem so unknown to them that they make up stories or circumstances in order to justify their very real emotions that are experiencing. Offering support to Buana Bunny or children like her can be incredibly challenging and, over a prolonged period can also be emotionally exhausting. If you have a Buana that needs support, it can be useful to seek the support of a professional and can also be beneficial to make a plan - structure your involvement and support so that you clearly understand where your time, involvement and responsibility starts and ends. This plan should be shared with Buana or similar children wherever possible to ensure they have a clear understanding and well managed expectation of support also.

Buana Bunny can often present really complex behaviours and although she is usually polite and timid and can easily be overlooked in a classroom environment. When Buana feels hat things are unfair, she can sometimes be destructive. If she has been done wrong, she will be happy to confront others and enters conflict in order to win rather than resolve.



BUANA BUNNY

BEING FARAH FISH....

Reward.

Farah Fish is easily pleased and will enjoy being celebrated by her friends. She will be recognised by a group of people and her most appreciated reward would be to be celebrated whilst celebrating with her friends; a party in her honour would be her idea of heaven. Farah won't need the details of why she has done well or know exactly what she has achieved but just that she is loved and valued by those around her.

Criticism.

Farah Fish won't respond well to criticism. Farah and children like her will immediately assume that any criticism is a sign of dislike, and disappointment. It will help feed her internal belief that she isn't loved or accepted by the people she so desperately seeks approval from. It will be important that if you have to criticise a child like Farah, that you restore your connection after doing so. It is imperative that children like Farah leave any interaction feeling positive, cared for and accepted by the people around them.

Play.

Farah Fish will be happy doing anything as long as she is with friends and loved ones. The best sense of fun for Farah and children like her is experiencing a sense of belonging, working together, as a team and having collective, simple fun. Farah's need to have fun is often greater than her commitment to doing the right thing, and this is because being liked is more important for children like Farah than is being right or good. It is important to remind Farah of rules when she is playing and can be beneficial to remind her that relationships continue to exist when learning and working, too.

Communication.

Farah Fish and children like her are naturally very good communicators. They are able to express themselves well and will engage effectively with others - this comes from their basic need to socialise and be sociable. However, this need will also make Farah and children like her 'people pleasers', often willing to agree with others even when they feel uncomfortable or otherwise uncertain. Children like Farah will want to avoid conflict and confrontation but more than that, they will also try to strengthen and improve relationships by being outwardly agreeable. They may struggle to form their own opinions or articulate their independent thought.

Support.

Farah is very easily influenced and her need to be surrounded by people and accepted by others could indicate an underlying insecurity. This insecurity may mean that children like Farah are often uncertain of their views and scared to share their feelings. For children like Farah, the need to be liked, loved and accepted will be greater than the need to share their concerns, voice their opinions or resolve any issues or frustrations. Farah and children like her will do almost anything to be liked and it is important that you help them understand that being liked isn't something you have to earn or work for. Supporting them will help them understand that they are loved for who they are and that people that truly love them will accept differences and difficulties without loving them any less.

Farah Fish does not enjoy being alone. She is incredibly sociable and easily influenced. Farah has very simple emotional needs - she enjoys being with others, loves having a good time and is pleasant and amicable. She is rarely a leader or decision maker but her ambition to be popular and have fun can mean she sometimes does things that get her into trouble.



FARAH FISH

BEING TULLY TURTLE....

Reward.

Tully Turtle and children like her will not enjoy public recognition or reward. She would prefer to receive any reward or recognition in private and would find even a one to one interaction of this nature uncomfortable. Tully Turtle and children like her will hugely appreciate of any recognition or reward that is delivered privately and although their response may be limited in it's nature, this should not discourage you from rewarding and recognising Tully and children like her wherever possible.

Criticism.

Tully Turtle and children like her will find it very difficult to receive criticism. It is likely that criticism will have a profound effect on children like Tully so it is important that you consider the way in which you criticise them and the after care you provide following that. Children like Tully are unlikely to explain how criticism effects them but will instead withdraw and feel they are a burden. It is important for you to support them with these emotions and help them understand how and when they can communicate with you and ensure they have the opportunity to do this whilst feeling safe and protect in their own, secure environment.

Play.

When playing new games for the first time, it is likely that Tully will be very withdrawn and may prefer to observe others playing rather than be involved with play herself. Children like Tully, will need time to familiarise themselves with new games, rules, environments or activities and it's important that you give them time and space to do this. As Tully becomes more confident, she will begin to interact in a play in a way that makes her feel comfortable and allows her to enjoy herself and interaction with others.

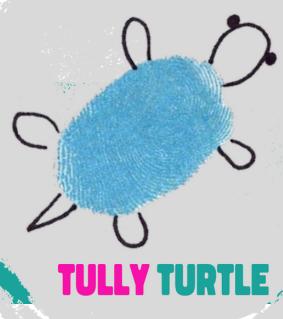
Communication.

Tully Turtle is very independent. She is also very quiet and can be withdrawn but as long as she feels comfortable, Tully is able to communicate well. It is always useful to communicate with Tully in a quiet and private environment. Tully will struggle to communicate effectively with anyone that she doesn't have an existing relationship with and will not communicate in crowded, loud or new settings. When you communicate with Tully and children like her, she will very carefully listen and understand. She will expect the same when she communicates with you. If she is not listened to, it is unlikely that Tully will try to communicate with you again.

Support.

Tully Turtle and children like her need to feel safe before they can feel supported. For children like Tully, safety is privacy, familiarity and a quiet environment. Tully doesn't respond well to lots of stimulation or noise. She doesn't like any environment that she isn't familiar with. Supporting Tully and children like her really involve helping them feel safe enough to share their concerns; to ensure they feel confident enough to use their voice and respected enough to be able to process their emotions in a way that feel comfortable for them. Children like Tully will open up to you very slowly but it is very important that you still let them lead the way and set the pace. It can be useful to help Tully's friends know how to support her too.

Tully Turtle is incredible independent. She is self sufficient and takes a long time to build relationships. She is very shy so tends to avoid social situations and often withdraws when she is in new settings or environments. Tully is incredibly sensitive to change and will take a long time to feel comfortable, settled and secure when changes occur in her environment.



TULLY TURTLE

BEING LEX LION....

Reward.

Lex and children like him will feel most rewarded when he knows he has done the right thing. He will appreciate formal public award, promotion or acknowledgement. He will like to understand exactly what he needs to achieve to reach the next stage, or next award. He will be incredibly self motivated and determined but will expect the public recognition and reward that will come with this. Lex will be humbled in his receipt of recognition and use reward as motivation to work harder and achieve more.

Criticism.

Lex Lion and children like him will respond well to criticism. They will like to receive clear guidelines around how they can improve and some structured points that will allow them to determine when they have improved or achieved something. Lex and children like him are likely to also offer criticism in a very direct fashion, seeing it as a practical benefit and opportunity for development and growth rather than an insult or a reflection off a failure of any sort. It can be useful to teach children like Lex how to provide constructive feedback to others.

Play.

Lex Lion and children like him can struggle to understand the purpose of play. They tend to be focused on development and learning rather than simple enjoyment. When they are playing, children like Lex lion tend to enjoy competitive team sports and adventure activities. They like activities that will foster the spirit of comradeship and contain an element of skill or competition. Children like Lex Lion will naturally take the lead in play situations and will be caring and compassionate to all team members.

Communication.

Lex is likely to be a very strong communicator because he will understand the importance of being able to communicate well. In any areas that Lex and children like him may struggle with communication, you will find that they practice and work hard to improve. Children like Lex are likely to be reasonably formal and well considered in the way they express themselves. Lex and children like him will benefit from understanding the most appropriate channels of communication for different topics and times as they will be happy to discuss challenges or concerns but will want to know the most appropriate and effective ways to do this.

Support.

Lex Lion can sometimes feel overwhelmed and can become preoccupied with his perceived duty to get things right. For children like Lex, their sense of duty can become difficult and at times, it can feel draining. Children like Lex will feel duty bound to be the best version of themselves and as a result, will enjoy very practical, easily implementable and measurable ways to improve themselves. Lex and children like him are likely to find talking about their emotions challenging. It is probably that they will struggle to understand the purpose of conversation without clear purpose or objective. If you are keen to explore emotional well being with a child like Lex, it can be beneficial to create learning objectives or clear objectives and measurable achievements to encourage them to engage. They will also be committed to improving their mental well being if they think it will benefit others.

Lots of people say that Lex is wise beyond his years. He is governed by his own morals and principles which are often very traditional - based on loyalty, integrity and dependency. Lex is very protective and willing to fight for his friends and what he believes to be right. When it is needed, Lex can also be very brave.



LEX LION

BEING DIXIE DOG...

Reward.

Dixie is loyal, genuine and loves to make other people happy. He will find reward in knowing that he has brought joy to others. He can sometimes be insecure or full of self doubt so it is useful to tell him exactly what he has done and the positive impact it has had on you.

The best way to reward children like Dixie is with time. They will be keen to spend time with you, to share tasks and activities or take on a special role within class.

Criticism.

Children like Dixie Dog will be incredibly sensitive to criticism. and it will be very important that any criticism is delivered with utmost sensitivity. It will be important that you often some praise and 'sandwich' any criticism around positivity and praise. Dixie is so sensitive to criticism that you don't have to worry about him missing it.

Communication.

Children like Dixie will be very aware of other people's feelings and very sensitive to criticism or upset. Like Dixie, this may mean that they simply don't share things that upset them or may upset others. They are likely to focus on any negativity and search for potential areas for blame. It is important that we are 'gentle' when communication with children like Dixie and give them clear direction and opportunity to make things good, right and happy for themselves and those around them.

Support.

Dixie and children like him, often shy away from support because they think it is important that they are always cheerful. They won't want to upset others by sharing their problems and will avoid conflict at all costs.

Dixie often just needs to know that he has some support - that there are people in his life that love him and care for him. He is much more likely to enjoy doing something fun and creating happy moments rather than focusing on whatever is making him sad.

This break in his thinking is critical to Dixie's mental well being.

Play.

Dixie Dog loves to play with others. He prefers games that have no winners or losers and likes to play games that everyone is able to enjoy. Dixie, and children like him will often try to support the underdog and may try to take the lead to ensure fair play. He will feel it is his responsibility to ensure everyone has a good time but he will find joy in doing this.

Dixie Dog is friendly, loyal and caring. He is incredibly kind and compassionate and prefers to be with others. He has very good concentration and can make a great leader for team working or play. Dixie does not link conflict or confrontation and is incredibly sensitive to both criticism and conflict between others.



BEING CAMI CAT....

Reward.

Cami, and children like her, will expect to be recognised and rewarded when she does well. Cami is likely to view rewards in a transactional rather than an emotional manner. She will recognise and reward others in the same way. Cami can seem hard to impress and her expectation of reward can, at times, make her seem arrogant but this is simply an extension of her direct and straight to the point way of communicating. It can be useful to ask children like Cami what they would like as a reward or how they would like to be recognised to ensure best outcomes.

Criticism.

Cami and children like her will respond well to criticism as long as it is justified and delivered in a practical and focused fashion. Cami is always keen to improve herself, to do her best work and be her best version of herself. She is likely to respond quietly. She may have questions but she will reflect and implement any advice or guidance you provide.

Play.

Cami Cat loves learning through play. She loves exploring and relishes in imaginative play. She is able to invent things and develop ideas to play within often complex and sophisticated games. Play is Cami's favourite way of learning and you may find that children like Cami show particular interest in humanities subjects. Cami and children like her are happy to play alone and like to lead when they play in groups.

Communication.

Cami Cat is very straight to the point. Although this can, at times seem abrupt, she is never unfair and her communication is always designed to create and maintain good, long and healthy relationships. Cami, and children like her, will find it useful to receive information in the same way they share it. They appreciate direct and to the point communication with clarity around the expectations you have of them. Like Cami, they will likely have lots of questions that they will need answering before they are able to act on information or instruction you provide them with.

Support.

Cami Cat often feels emotionally unavailable and it can feel that it is difficult to know if she wants support from others or how it would be appropriate to engage with her. When Cami, and children like her, know what they need, they will likely tell you. When they don't know how they are feeling or what they need, they can seem detached. It is likely that Cami will struggle to be or show vulnerability and asking for help, but not knowing what that help looks like, will be very difficult for them. Using story telling with children like Cami can be hugely beneficial - giving them characters or ideas that they can relate to, and learn from.

Cami Cat is very agreeable. She is a good friend to many. Her inquisitive and curious nature makes her very astute and exciting to be around but can sometimes get her into trouble. She can be very dominant which makes her a good but not always considerate leader. She is very protective of her own well being and reputation and can, at times, hurt those that may damage them.



BEING FRITZI FROG...

Reward.

To effectively reward Fritzi, you will need to understand the needs that are currently unfulfilled. Fritzi and children like him are likely to value safety most of all and asking them will help you understand if that means staying in at playtime, have extra food at lunch time or staying after school so that they can get some work done in a peaceful environment. Fritzi will find it difficult to accept reward if it isn't directly related to his needs as it is likely that he will find it wasteful or thoughtless. He will struggle to offer reward to others as he will likely be focused on the next battle he has to win in order to survive.

Criticism.

Fritzi Frog is used to feeling that he is being criticised or doing something wrong. He often feels that he is unlike others and battles with his need to fight for survival and his ambition to do well and nurture positive relationships. It is important that you frame criticism with children like Fritzi so that they know it's objective; to validate your ambition to support them and care for them. It's important to make sure children like Fritzi are feeling safe when you end your communication with them.

Play.

Although it can be difficult for Fritzi to play, the escape from reality that play can provide is incredibly beneficial to Fritzi's mental well being. Fritzi, and children like him, are most likely to benefit from play when they have recently received some sort of gratification or basic need fulfillment. Fritzi, for example, really enjoys 20 minutes of play after his lunch - when he is able to enjoy feeling full and satisfied from his food. It can be very useful to let Fritzi know that his playtime come with negative consequence and that he won't be punished for having some fun and momentarily forgetting about his worries and concerns.

Communication.

When communicating with Fritzi Frog and children like him, you may find that they seem distracted or disinterested. Fritzi is often unable to engage in imaginative play and will appear to find 'small talk' frustrating. When communicating with Fritzi or children like him, it's important to remember that they are probably in prolonged 'fight or flight' and will be preoccupied by trying to meet unfulfilled needs. They might be hungry or worried about friendships or conflict at home. It is important to try and help them feel secure, safe and settled before you begin sharing messages with them. It can be useful to explain the purpose of communications before you share messages to help them focus and engage.

Support.

Fritzi Frog and children like him will need lots of support in order to thrive but to make any significant impact on their well being, it will be important for you to understand the hierarchy of their needs and fulfill them in turn, meeting their basic needs and requirements in the first instance. Fritzi Frog and children like him tend to be very practical in their nature. They will be incredibly realistic and prefer support that is practical, measurable and offers immediate impact and benefit. It is useful to remember that children like Fritzi will be very adaptable and will be used to hiding their needs. They may well present as being well, healthy and happy whilst they are internally struggling with very complex issues. It can be useful to give children like Fritzi practical tools for managing their emotions so that they are able to independently seek support.

Fritzi Frog is used to working hard in order to survive. He is very resourceful and independent and can be incredibly adaptive; something he has learnt to do in order to avoid harm. Fritzi can struggle to focus and motivation when tasks aren't directly related or beneficial to his core needs. Fritzi is incredibly realistic and understands that he may have different needs to the people around him.



BEING CHIDI CHICK...

Reward.

Chidi and children like her will much prefer recognition over reward. Given that she naturally thrives in the limelight and relishes being the centre of attention, publicly rewarding Chidi for any efforts or achievement will mean more to her than any material goods or other rewards. Chidi and children like her will also like certificates, trophies or other tangible rewards and the more they are rewarded, the more likely they are to thrive in any given area.

Criticism.

Fritzi Frog is used to feeling that he is being criticised or doing something wrong. He often feels that he is unlike others and battles with his need to fight for survival and his ambition to do well and nurture positive relationships. It is important that you frame criticism with children like Fritzi so that they know it's objective; to validate your ambition to support them and care for them. It's important to make sure children like Fritzi are feeling safe when you end your communication with them.

Play.

Chidi Chick loves to be around others. Wherever possible, she will enjoy being the leader, the entertainment and the centre of attention but she is able to bring groups of people together and engage them with high levels of empathy and charm. Chidi, and children like her, will find they are able to make fun whenever and wherever they have an audience. In independent play, children like Chidi will need the opportunity to showcase what they have achieved or tell stories/share their experiences with others in a show and tell fashion.

Communication.

Chidi Chick is an expert communicator and will be able to express herself freely. She will easily adapt her communication style to others and share her feelings openly. If you are speaking to Chidi or a child like her, you may struggle to get them to really pay full attention. You may find that they are eager to talk and find they spend 'listening' time considering their response. Chidi and children like her are emotionally aware and very sharp - they may get things quickly so it's useful to deliver information in smaller, direct chunks that they are able to interact with. You will be able to engage children like Chidi with questioning, asking them to share their own experiences or insights and giving regular opportunities for feedback.

Support.

Chidi Chick and children like her firmly believe that a problem shared is a problem halved. They are likely to share their concerns or struggles with humor and may well communicate with a group rather than one to one basis. It will be important for Chidi and children like her to feel they can share any struggles they are having in a manner that keeps them in control and maintains their happy and sociable persona. Children like Chidi will like to support others and work through challenges or issues together. Giving them a role or a purpose in supporting others can be one of the easiest ways to ensure they receive the support they need and connecting them with people with similar challenges will be beneficial, too.

Chidi Chick is incredibly sociable. She is expressive, charming and can be very funny. She thrives when she is centre of attention, amusing other people and showcasing her ability to engage and entertain other people. Chidi isn't afraid of much and knows that she is a real 'people's person'. She is aware of her emotions and will talk about them to anyone that will listen.

